Background pattern

Description automatically generated

Healthy Minds, Healthy Lives

Glossary

## 2014 Sheet

* **Timestamp**
* **Age**
* **Gender**
* **Country**
* **state:** If you live in the United States, which state or territory do you live in?
* **self\_employed:** Are you self-employed?
* **family\_history:** Do you have a family history of mental illness?
* **treatment:** Have you sought treatment for a mental health condition?
* **work\_interfere:** If you have a mental health condition, do you feel that it interferes with your work?
* **no\_employees:** How many employees does your company or organization have?
* **remote\_work:** Do you work remotely (outside of an office) at least 50% of the time?
* **tech\_company:** Is your employer primarily a tech company/organization?
* **benefits:** Does your employer provide mental health benefits?
* **care\_options:** Do you know the options for mental health care your employer provides?
* **wellness\_program:** Has your employer ever discussed mental health as part of an employee wellness program?
* **seek\_help:** Does your employer provide resources to learn more about mental health issues and how to seek help?
* **anonymity:** Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources?
* **leave:** How easy is it for you to take medical leave for a mental health condition?
* **mentalhealthconsequence:** Do you think that discussing a mental health issue with your employer would have negative consequences?
* **physhealthconsequence:** Do you think that discussing a physical health issue with your employer would have negative consequences?
* **coworkers:** Would you be willing to discuss a mental health issue with your coworkers?
* **physhealthinterview:** Would you bring up a physical health issue with a potential employer in an interview?
* **mentalvsphysical:** Do you feel that your employer takes mental health as seriously as physical health?
* **obs\_consequence:** Have you heard of or observed negative consequences for coworkers with mental health conditions in your workplace?
* **comments:** Any additional notes or comments

## 2018 Sheet

* **age**
* **gender**
* **country**
* **race**
* **mental\_health**: does the individual currently have mental health disorder?
* **mental\_health\_diagnosed**: was the individual diagnosed from a professional for mental health disorder?
* **family\_history:** Do you have a family history of mental illness?
* **treatment:** Have you sought treatment for a mental health condition?
* **self\_employed:** Are you self-employed?
* **work\_interfere:** If you have a mental health condition, do you feel that it interferes with your work?
* **no\_employees:** How many employees does your company or organization have?
* **tech\_company:** Is your employer primarily a tech company/organization?
* **benefits:** Does your employer provide mental health benefits?
* **care\_options:** Do you know the options for mental health care your employer provides?
* **wellness\_program:** Has your employer ever discussed mental health as part of an employee wellness program?
* **seek\_help:** Does your employer provide resources to learn more about mental health issues and how to seek help?
* **anonymity:** Is your anonymity protected if you choose to take advantage of mental health or substance abuse treatment resources?
* **leave:** How easy is it for you to take medical leave for a mental health condition?
* **coworkers:** Would you be willing to discuss a mental health issue with your coworkers?
* **mental\_importance**: how much importance does your employer place on mental health?
* **physical\_importance**: how much importance does your employer place on physical health?
* **supervisor**: Would you feel comfortable discussing a mental health issue with your direct supervisor?
* **mental\_health\_interview**: Would you bring up your mental health with a potential employer in an interview?
* **mental\_vs\_physical**: Would you feel more comfortable talking to your coworkers about your physical health or your mental health?
* **obs\_neg\_response**: Have you observed or experienced an unsupportive or badly handled response to a mental health issue in your current or previous workplace?
* **neg\_consequence\_coworker**: Have your observations of how another individual who discussed a mental health issue made you less likely to reveal a mental health issue yourself in your current workplace